

WEEK ONE 4th Nov, 25th Nov, 16th Dec, 20th Jan, 10th Feb, 10th March, 31st March, 5th May

MONDAY

Margherita Pizza (Cheese & Tomato) (V, EF) Veggie Fajitas *(vG)* Oven Baked Jacket Potato

Cheese (*V, GF, EF)* or Baked

Sweetcorn & **Baked Beans**

Chocolate Shortbread (V, DF, EF) with Melon

TUESDAY

Traditional Cottage Pie Tuna & Sweetcorn

> Broccoli & Vegetable Medley

Bap (EF, DF)

Strawberry Jelly with Peaches

WEDNESDAY

Roast Chicken Breast Vegetarian Quorn Roast

Oven Baked Jacket Potato with Cheese & Coleslaw

Roast Potatoes & Yorkshire Pudding with Gravy

Savoy Cabbage & Carrots

Cinnamon Cookie (V, DF, EF)

THURSDAY

Chicken, Spinach & Tomato Pasta (EF, DF) Fruity Vegetable Curry & Rice (VG, GF) Cheddar Cheese & Lettuce Wrap (EF)

& Green Beans

Vanilla Sponge Cake

FRIDAY

Veggie Sausage Roll (V, EF) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)

Chips or Pasta Peas & Baked Beans

Iced Fruit

WEEK TWO

11th Nov, 2nd Dec, 6th Jan, 27th Jan, 24th Feb, 17th March, 21st April, 12th May

MONDAY

Margherita Pizza (Cheese & Tomato) (V, EF) Five Bean Chilli with Rice

Oven Baked Jacket Potato Baked Beans (VG, GF)

Peas & Baked Beans

Lemon Drizzle Cake

TUESDAY

Pork Sausages (EF) Lettuce Sandwich (V, DF)

Mashed Potatoes, Curly

Melting Moment

WEDNESDAY

Roast British Gammon Vegetarian Quorn Roast

Oven Baked Jacket Potato

Yorkshire Pudding, Roast Potatoes & Gravy Carrots & Cauliflower

THURSDAY

Mac 'n' Cheese (V. EF) Pizza Pinwheel & New Potatoes (V, EF) Tuna & Cucumber Bap

Peas & Green Beans

Orange Wedge

FRIDAY

Oven Baked Jacket Potato with Cheese (*v. GF, EF*) or Baked Beans (VG, GF)

French Fries or Pasta Baked Beans or Sweetcorn

WEEK THREE 18th Nov, 9th Dec, 13th Jan, 3rd Feb, 3rd March, 24th March, 28th April, 19th May

MONDAY

Margherita Pizza (Cheese & Tomato) (EF, V) Veggie Nugget Wrap (DF, EF) Oven Baked Jacket Potato

Baked Beans (VG, GF) Sweetcorn & Baked Beans

with Cheese (V, GF, EF) or

Sultana & Syrup Cookie (V, EF)

TUESDAY

Meatballs in a Gravy (GF, DF, EF) Veggie Meatballs in Gravy (VG) Salmon & Cucumber Pasta Salad (EF, DF)

> Fluffy Rice, Carrots & Peas

Cranberry & Oat Biscuit (V, EF)

WEDNESDAY

Roast British Chicken

(GF, DF, EF) Vegetarian Quorn Roast (V, GF) Oven Baked Jacket Potato with Cheese & Coleslaw (*V*, *GF*, *EF*) Yorkshire Pudding, Roast Potatoes & Gravy Cauliflower & Green Beans

THURSDAY

Chicken Curry and Rice (DF,EF GF) Rustic Tomato Pasta Bake Cheddar Cheese & Cucumber Bap (EF)

> Broccoli & Sweetcorn

Chocolate Sponge (V) with Pears

FRIDAY

Fish Fingers (DF, EF) Crispy Quorn Dippers (VG) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)

Chips or Pasta Peas & Baked Beans

> Strawberry Ice Cream (V, GF, EF)

Iced Sprinkle Cake (V, DF) Available daily - Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!

Allergy advice – all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our ridescriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability.

We only select fish from sustainable sources.

